



## **INFORMATION YOU SHOULD KNOW ABOUT BECOMING A PROVIDER OF SERVICES FOR ARHG**

The Australian Regional Health Group was formed in 1994 by those Health Insurance Funds which were operating in similar but widely geographically separate areas..

These Funds saw benefits in coming together to discuss matters of common interest, and to share and develop initiatives, which will provide mutual benefits for their contributors.

The group operates through an Executive which has a predominate role of negotiation of Hospital Purchaser Provider Agreements (HPPAs) and other matters on behalf of the Group: data collection of mutual benefit, and liaison with related parties in the industry.

Relevant clinical advice is also provided to the Group through the Executive.

### **Member Funds of ARHG**

Cessnock District Health Benefits Fund

Latrobe Health Services

Mildura Health Fund

St. Luke's Health

<b>Funds covered by ARHG:</b>	
<i>ACA Health Benefits Fund</i>	<i>Onemedifund</i>
<i>Cessnock District Health Benefits Fund</i>	<i>Peoplecare Health Insurance</i>
<i>CUA (formerly Credicare)</i>	<i>Phoenix Health Fund</i>
<i>Defence Health</i>	<i>Police Health Fund</i>
<i>GMHBA</i>	<i>Queensland Country Health Fund Ltd</i>
<i>GMF Health</i>	<i>Railway &amp; Transport Health Fund Ltd</i>
<i>health.com.au</i>	<i>Reserve Bank Health Society</i>
<i>Health Care Insurance Limited</i>	<i>St Lukes Health</i>
<i>HIF WA</i>	<i>Teachers Federation Health</i>
<i>Latrobe Health Services (Federation Health)</i>	<i>Teachers Union Health</i>
<i>Mildura District Hospital Fund</i>	<i>Transport Health</i>
<i>Navy Health Fund</i>	<i>Westfund</i>



<p><b>Qualifications required:</b></p>	<p><b>Therapeutic</b>   Minimum Cert IV Therapeutic Massage – HLT40302 or HLT40307 or HLT40312  <b>Remedial</b>   Minimum Diploma in Remedial Massage - HLT50302 or HLT50307  <b>Myotherapy</b>   Minimum Advanced Diploma – 21511VIC or 21920VIC or 22248VIC of Bachelor Degree</p>
<p><b>Provider Number:</b></p>	<p>Add a “0” (zero) to your MAA Accreditation number i.e.,  MAxxxxM would change to MA0xxxxM;  MAxxxxR would change to MA0xxxxR;  MAxxxxY would change to MA0xxxxY.</p>
<p><b>Other information:</b></p>	<p>ARHG is submitted regularly, however you should allow 4-6 weeks for processing from the date of your Accredited Member Level application to become a provider of services for ARHG eligible Members</p>
<p><b>Definitions:</b></p>	<p><b>Massage Therapy</b> is the manipulation of the soft tissue of whole body areas to bring about generalised improvements in health, such as relaxation or improved sleep or specific physical benefits, such as relief of muscular aches and pains  <b>Remedial Therapy</b> is the systematic assessment and treatment of the muscles, tendons, ligaments and connective tissues of the body to assist in rehabilitation , pain and injury management. It is performed to create favourable conditions for the body to return to normal health after injury and is defined by the premises that the treatment can reasonably reverse certain physical effects a patient may be experiencing. A range of manual therapy techniques may be employed in treatment, such as Deep Connective Tissue massage, Trigger Point Therapy, Muscle Energy Techniques, Direct and Indirect Myofascial Techniques, and Neuromuscular Facilitation, (as well as techniques ranging from Swedish to specialised massage for athletes, babies and pregnant women. Specialists may also practice, Shiatsu Techniques to achieve improvement throughout the body. Aromatherapy and wholistic approaches such as Kinesology may also be used).  <b>Myotherapy</b> is the treatment of myofascial pain, injury and dysfunction affecting movement and mobility.</p>
<p><b>Notice:</b></p>	<p>Not all applications will be successful.  Successful applications are those that meet the ARHG eligible provider criteria.</p>
<p><b>ARHG eligible provider criteria:</b></p>	
<p><b>Note:</b></p>	<p>Members who have received their qualifications by 100% Distance Learning or Online Learning (sometimes called eLearning) do not qualify</p>