

‘The most profound  
humbling  
awe-inspiring  
loving  
emotional rollercoaster  
time of my life!’

- Lisa Nation  
Buds to Blossoms volunteer



Contact us

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**Paediatric Massage  
Volunteer Program  
with AIDS orphans**



## Providing massage to AIDS orphans to foster their health, wellbeing and development

### About the program

Several times a year, Buds to Blossoms brings teams of international volunteers to Vietnam.

There the volunteers provide gentle massage and nurturing touch to orphaned, ill and disadvantaged children to foster their health, wellbeing and development.

Buds to Blossoms is a non-profit organisation based in the USA.

I laughed, I cried, I marveled at the resiliency of the human spirit and fell in love with the kids.

Joining the Buds to Blossoms program was a life-changing experience for me.

- Brooke Betts

### How to get involved

#### Volunteer

The children live in an orphanage where there are relatively few adult carers so volunteer help is crucial to meeting their needs.

Volunteers receive basic instruction in massage so experience is not required. You will learn to provide massage in ways that deliver important health benefits as well as communicate to children they are safe and loved.

Visit our website for upcoming program dates and to complete the online application form.



#### Donate

Without the generosity of our donors, Buds to Blossoms could not carry on the work of providing care to children with HIV and AIDS.

You can donate online by clicking the 'Donate' button on our webpage.