



INTERNATIONAL ACADEMY  
for TRADITIONAL TIBETAN MEDICINE



#### Course Details

Part 1.1: Oct 1- 5, 2016

Part 1.2: Nov 5- 9, 2016

#### Venue:

Maitripa Centre  
528 Myers Creek Rd  
Healesville

#### Cost: 10 days

Early bird - \$1,800

(by 15 Aug)

Normal - \$1,950



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# Ku Nye Traditional Tibetan Massage Level 1 - 2016

Ku Nye massage is a nurturing therapy that aims to resolve emotional and mental issues which manifest as tension, pain and disease. It's a unique, ancient healing massage with many therapeutic benefits.

*Ku* is the application of oil, heat and movement of joints. *Nye* is kneading, rubbing and tapping to the muscles and tendons.

Ku Nye is calming and balancing. In Tibetan medicine, the cause of illness is believed to be ignorance or the lack of knowledge of what it is that's making us unwell. Ku Nye brings the mind and body's energies back into balance.

By enrolling in this two part course, under the guidance of two qualified IATTM instructors Jenny McAuliffe and Gabriella Sanelli, you will have a great opportunity to learn this amazing massage technique.

Whether you are looking to learn massage for your own personal use, as a career or to enhance your current techniques, Ku Nye massage is a great therapy for all.

**For more information or to register, contact**

**Gabriella Sanelli**

**on 0417-112-958, or email  
withinthecircle108@gmail.com**

[www.ngakmangau.wordpress.com](http://www.ngakmangau.wordpress.com)  
[www.iattm.net](http://www.iattm.net)